

Hepatitis C Treatment Facts: Mavyret



It is very important to stick to the treatment

- If you start treatment but don't finish, or if you don't take your dose every day, your treatment might not work. If that happens you might have to start over with a different medication that takes longer or has more uncomfortable side effects.
- If you miss doses, take the next one as soon as you remember. Do not stop the medication unless your care team tells you to stop.
- Use one of the resources below to let us know if you miss more than 2 doses.

How to take the medication

- The treatment usually means taking three pills once a day for 8 or 12 weeks.
- Check your prescription label to make sure you are taking the right dose.
- It is important to take the medication with food. If you don't have food to take with your doses and need help getting food, use one of the resources below to get help.

Side effects

- The most common side effects are headaches, feeling tired, nausea, and diarrhea.
- Less than 1 out of 5 people who take the medication notice these side effects.
- If the side effects are bothering you, keep taking the medication if possible and use one of the resources below to get help.

When we need to see you again

- We need to see you for a doctor appointment and labs to check that the treatment is working. Here is the schedule:
 - Every 4 weeks while you're taking the medication
 - Three months after your last dose. This is the lab that tells us if your treatment was successful.
- If you don't know when your next appointment is, or if you haven't scheduled one, call one of the resources below to schedule it.

After treatment

- It is possible to get Hep C again after being treated.
- To stay Hep C free, try not to contact other people's blood. For example, don't share needles, don't have sex without a condom, don't share hygiene tools like razors and toothbrushes, and don't get tattoos in unsanitary conditions.

Resources

Please use the resources below if you have any questions or problems with your treatment, or if you need to schedule your next labs or doctor visit.

- Roots Main Clinic: to make appointments: 510-777-1177
- Welcome Wednesday: to see a provider with no appointment. Drop in at Roots Main Clinic at 9925 International from 9am-4:30pm any Wednesday.
- Hep C Pharmacy: See their contact information on your prescription label. They can help with medication questions and refills.